



NORTH TOWN PRIMARY SCHOOL AND NURSERY GLUTEN/DAIRY FREE & VEGAN ORDER FORM



PIPPINS - SEPTEMBER 2023 GLUTEN/DAIRY FREE & VEGAN MENU

CHILDS NAME:

**PLEASE ONLY ORDER FROM THIS MENU IF YOUR CHILD
REQUIRES A GLUTEN, DAIRY FREE OF VEGAN MEAL.**

YOU CANNOT ORDER FROM BOTH MENUS .

PLEASE ENTER YOUR CHILDS NAME ABOVE

To view the list of allergens contained within this menu, please see the separate allergen lists on the website

Week Commencing 11th September 2023 (Week 2) please circle one main meal choice

Monday		Tuesday		Wednesday		Thursday		Friday	
Pork Sausage, Mashed Potatoes & Baked Beans	1	Pepperoni Pizza, Coleslaw & Mixed Salad	1	Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy	1	Chicken Curry, Wholegrain Rice & Green Beans	1	Breaded Fish, Chips, Baked Beans & Tomato Ketchup	1
Meat Free Sausage, Mashed Potatoes & Baked Beans	V	Cheddar & Mozzarella Pizza, Coleslaw & Mixed Salad	V	Cauliflower Cheese, Roast Potatoes, Seasonal Vegetables & Gravy	V	Sweet Potato & Vegetable Curry, Wholegrain Rice & Green Beans	V	Vegan Fishless Fingers, Chips, Baked Beans & Tomato Ketchup	V
Cheese & Cucumber Baguette Packed Lunch with Nachos & Apricots or Raisins	2	Jacket Potato with Tuna Mayo, Coleslaw & Mixed Salad	2	Ham Sandwich Packed Lunch, Nachos & Raisins or Apricots	2	Jacket Potato with Baked Beans & Green Salad	2	Cheese Ploughmans (Sliced Cheese, Crusty Bread, Salad, Tomato Chutney & Boiled Egg)	2
Dessert		Dessert		Dessert		Dessert		Dessert	
Soya Yoghurt	A	Vegetarian Jelly & Fruit Slices	A	Chocolate Brownie & Orange Slices	A	Vegan Fruity Traybake	A	Cherry Shortbread Rounds	A
Fruit	B	Fruit	B	Fruit	B	Fruit	B	Fruit	B

Week Commencing 18th September 2023 (Week 3) please circle one main meal choice

Monday		Tuesday		Wednesday		Thursday		Friday	
BBQ Chicken, Wholegrain Rice & Green Beans	1	Ham Topped Macaroni Cheese, Garlic Bread & Sweetcorn	1	Roast Gammon, New Potatoes, Seasonal Vegetables & Gravy	1	Traditional Cottage Pie, Peas & Baby Carrots	1	Gluten free Fish, Chips & Baked Beans	1
BBQ Quorn, Wholegrain Rice & Green Beans	V	Macaroni Cheese, Garlic Bread & Sweetcorn	V	Vegetable Sausage, New Potatoes, Seasonal Vegetables & Gravy	V	Meat Free Cowboy Pie, Peas & Baby Carrots	V	Vegan Sausage Roll, Chips & Baked Beans	V
Jacket Potato, Cheese & Green Salad	2	Chicken Mayo Wrap Packed Lunch, Nachos & Apricots or Raisins	2	Tuna Mayo Baguette Packed Lunch, Nachos & Apricots or Raisins	2	Ham Salad(Gammon Ham, Gluten Free Roll, or Cream Cracker for Dairy Free, Mixed Salad & Potato Salad)	2	Jacket Potato, Baked Beans & Mixed Salad	2
Dessert		Dessert		Dessert		Dessert		Dessert	
Mango & Orange Sorbet	A	Sticky Orange Cake	A	Ginger Cake	A	Soya Dessert & Mandarins	A	Vanilla Cookie & Fruit Slices	A
Fruit	B	Fruit	B	Fruit		Fruit	B	Fruit	B

