

Summer/Autumn Menu Week 2 Allergen

Monday

1. Pork Sausage, Mashed Potatoes and Baked Beans.

1. **No Added Allergen Sausages.** Potatoes – **No added Allergens.**

V. Meat Free Sausage, Mashed Potatoes And Baked Beans.

V. Meat Free Sausage Contains **Barley** and **Oats.** Potatoes – **No added Allergens**

2. Cheese and Cucumber baguette packed Lunch. (Cheese and Cucumber filled baguette, Nachos And Apricots or Raisins)

2. Cheese and Cucumber Baguette **Gluten Free Baguette** and **Vegan Cheese** Apricots Contain **Sulphites**

A. Soya Yogurt

A. Yogurt Contains **Soya**

B. Fruit

Tuesday

1. Pepperoni Pizza, Coleslaw and Mixed Salad

1. **Beef and Turkey (Halal)** Pepperoni Pizza – **Gluten Free Pizza** and **Vegan Cheese**

V. Cheddar and Mozzarella Pizza, Coleslaw And Mixed Salad.

V. Cheddar and Mozzarella Pizza – **Gluten Free Pizza Base** and **Vegan Cheese**

2. Jacket Potato with Tuna Mayo, Coleslaw and Mixed Salad.

2. Tuna Mayo Contains **Fish** and **Mustard**

A. Vegetarian Jelly and Fruit Slices

B. Fruit

Wednesday

1. Roast Chicken, Roast Potatoes, Seasonal Vegetables And Gravy

1. Roast Potatoes Contains **Soya**

V. Cauliflower Cheese, Roast Potatoes, Seasonal Vegetables And Gravy.

V. Cauliflower Cheese – Made with **Gluten Free Flour** and **Soya Milk** Roast Potatoes Contain **Soya**

2. Ham Sandwich Packed Lunch (Ham Sandwich, Nachos, Raisins or Apricots)

2. Ham Sandwich Made with Gluten Free Bread Apricots **Contain Sulphites**

A. Chocolate Brownie and Orange Slices

A. Chocolate Brownie – No Added Allergens

B. Fruit

Thursday

1. Chicken Curry, Wholegrain Rice and Green Beans

No Added Allergens for Thursday

V. Sweet Potato and Vegetable Curry, Wholegrain Rice and Green Beans.

2. Jacket Potato, Baked Beans and Green Salad.

A. Vegan Fruity Traybake

B. Fruit

Friday

1. Breaded Fish, Chips, Baked Beans And Tomato Ketchup.

1. Gluten Free Breaded Fish Contains **Fish**

V. Vegan Fishless Fingers, Chips, Baked Beans And Tomato Ketchup.

V. Vegan Fishless Fingers Contain **Wheat**

2. Cheese Ploughman's (Sliced Cheese, Crusty Bread, Salad, Tomato Chutney, Boiled Egg)

2. **Vegan Cheese Gluten Free Crusty Bread** Boiled Egg Contains **Egg**

A. Cherry Shortbread Rounds

A. Gluten Free Cherry Shortbread Round Contains **Sulphites**

B. Fruit