



NORTH TOWN  
PRIMARY SCHOOL & NURSERY

## NORTH TOWN PRIMARY SCHOOL AND NURSERY GLUTEN/DAIRY FREE & VEGAN ORDER FORM

### PIPPINS - SEPTEMBER 2025 GLUTEN/DAIRY FREE & VEGAN MENU

CHILDS NAME:.....

**PLEASE ONLY ORDER FROM THIS MENU IF YOUR CHILD  
REQUIRES A GLUTEN, DAIRY FREE OR VEGAN MEAL**

**YOU CANNOT ORDER FROM BOTH MENUS**

**PLEASE ENTER YOUR CHILDS NAME ABOVE**

Week Commencing 9<sup>th</sup> September 2025 (Week 2) please circle **one** main meal choice and **one** dessert choice.

Monday		Tuesday		Wednesday		Thursday		Friday	
Sweet and Sour Chicken Rice Noodles with Broccoli	1	Mild Beef Chilli, Wholegrain Rice and Green Beans.	1	Roast Chicken, Roast Potatoes, Seasonal Vegetables and Gravy.	1	Pork Sausage (SULPHITES), Baked Jacket Wedges and Baked Beans.	1	Gluten Free Breaded Fish (FISH), Chips, Peas and Ketchup.	1
Sweet and Sour Vegan Quorn (GLUTEN – WHEAT) Rice Noodles with Broccoli	V	Mild Vegan Chilli (SOYA), Wholegrain Rice and Green Beans	V	Cauliflower Cheese, Roast Potatoes, Seasonal Vegetables and Gravy.	V	Quorn Vegan Sausage (GLUTEN – WHEAT), Baked Jacket Wedges and Baked Beans.	V	Plant Based Wings (GLUTEN – WHEAT, SOYA), Chips, Peas and Ketchup.	V
Jacket Potato, Vegan Cheese and Mixed Salad.	2	Tuna Mayo Gluten Free Vegan Brioche Roll (FISH), Nachos (SOYA), Raisins.	2	Jacket Potato, Baked Beans and Mixed Salad.	2	Cucumber and Red Pepper Gluten Free Pesto Pasta (MILK) served with Gluten Free Vegan Brioche Roll	2	Ham and Egg Salad. Gammon Ham, Boiled Egg (EGG), Potato Salad, Mixed Salad and Gluten Free Vegan Brioche Roll.	2
Dessert		Dessert		Dessert		Dessert		Dessert	
Frozen Fruit Smoothie	A	Apple Crumble and Vegan Cream (SOYA)	A	No Added Allergen Cake	A	Peach Melba Cake	A	No Added Allergen Cookie	A
Fruit	B	Fruit	B	Fruit	B	Fruit	B	Fruit	B

Week Commencing 15<sup>th</sup> September 2025 (Week 3) please circle **one** main meal choice and **one** dessert choice.

Monday		Tuesday		Wednesday		Thursday		Friday	
Chicken Breast Burger with Gluten Free Vegan Brioche Roll, Sauteed Potatoes and Cucumber Sticks.	1	Pork Meatballs (SULPHITES) in a Tomato and Basil Sauce, Gluten Free Pasta and Peas.	1	Roast Gammon, New Potatoes, Seasonal Vegetables and Gravy.	1	Hawaiian Pizza (Gluten Free Vegan Brioche Base and Vegan Cheese, Sweetcorn and Mixed Salad	1	Gluten free breaded Fish (fish), Chips, Baked Beans and ketchup	1
Vegan Burger (Quorn Vegan Buttermilk Style) (GLUTEN – WHEAT), Sauteed Potatoes and Cucumber Sticks.	V	Vegan Meatballs (SOYA) in a Tomato and Basil Sauce, Gluten Free Pasta and Peas.	V	Quorn Vegan Fillet (GLUTEN – WHEAT), New Potatoes, Seasonal Vegetables and Gravy.	V	Margherita Pizza (Gluten Free Vegan Brioche Base and Vegan Cheese), Sweetcorn and Mixed Salad.	V	Vegan Quorn Nuggets (GLUTEN – WHEAT), Chips, Baked Beans and Ketchup.	V
Vegan Cheese and Cucumber Gluten Free Vegan Brioche Roll, Nachos (SOYA) and Raisins.	2	Coronation Chicken and lettuce Gluten Free Vegan Brioche Roll with nachos (SOYA) and Raisins	2	Jacket Potato, Baked Beans and Mixed Salad.	2	Egg Mayo and Cress Gluten Free Vegan Brioche Roll (EGG), Nachos (SOYA) and Raisins.	2	Jacket Potato, Vegan Cheese, Baked Beans and Salad.	2
Dessert		Dessert		Dessert		Dessert		Dessert	
Frozen Fruit Smoothie	A	Yogurt (SOYA) with Fruit Slices	A	No Added Allergen Cake	A	No Added Allergen Cake	A	No Added Allergen Cookie	A
Fruit	B	Fruit	B	Fruit	B	Fruit	B	Fruit	B